

BECON

MARCH 8, 2019

Guests today included Brandt (did not catch his last name) who attended the membership drive last night and is checking out our club; Duncan Boothly, occupational therapist at Ortho MT, who had application in hand; and our speaker this morning, Jennifer Reiser, COO of the Billings Chamber of Commerce.

ANNOUNCEMENTS

Volunteer opportunities currently on website:

Larry the Cable Guy & Styx on Sat, March 23

Mark your availability on website by March 16!

Pizzarito Volunteering, Mon, March 25 10a-1p & 3-6 pm
Tue, March 26 10a-1p & 3-6 pm
Wed, March 27 10a-1p & 3-6 pm
Thur, March 28 10a-1p & 3-6 pm

Big Air Bash, Sat, April 6

Mark your availability on website by March 30!

Breaking Benjamin on Mon, April 8

Mark your availability on website by March 30!

Cory Moore announced that VBOC (Veterans Business Outreach Center) is hosting leadership training at MSU-B on Mar 29, 2019 at 8:30 a.m. Keynote speaker is David Marquet, Retired US Navy Captain. Cost is free for veterans and \$25 for non-veterans. To register, call 406-869-8411 or go to bigskyeconomicdevelopment.org

Thanks to Leif, Tony, and Tanner for representing BEC at the membership drive, and also to Nate Woodard and Chad Nelson for serving beer.

Stacy reminded us that April is Child Abuse Prevention month. If you would like to purchase a T-shirt to wear while serving in April, please contact her to order. Cost is \$8 (S-XL) and \$10 (XXL). We will plant pinwheels at the Metra during breakfast on April 5, and also at the Yellowstone County Courthouse at noon on April 11. Everyone is welcome and encouraged to attend. Lastly, wear blue every Monday in April. Send pics of your "blue" group to Stacy for posting on social media.

Shawnee announced the schedule for pizzarito making and also emailed the order form to everyone. Volunteer if you can, and order lots!

Jim Woolyhand made announcements re: Habitat for Humanity and thanked the club for its efforts and assistance. They are on their last build in the Heights subdivision. Volunteers are welcome. A silent auction will be held in April. To donate, contact Jim or Shawnee. The Re-store is getting ready for its soft open on April 1 at 685 King Park Dr. (behind David's Bridal and Gusicks).

Upcoming Volunteer Opportunities

- March 23 - Styx & Larry the Cable Guy
- March 25-28 - Daughters of the Nile pizzarito-making
- April 6 - Big Air Bash
- April 8 - Breaking Benjamin
- April 12-14 - PBR
- April 22 - Rain: A Tribute to the Beatles

Upcoming Club Events

- March 27 - WAC at YVB
- April 5 - Plant Pinwheels at Metra at breakfast
- April 11 - Plant Pinwheels at Yell. Co. Courthouse at noon



#ExchangeStrong
#GrowExchange

Our rewards in life will always be in direct ratio to our service.

-Earl Nightingale

Bill Schwarzkoph is looking for readers for the Youth of the Year essays. Contact him if you are willing to help out next week.

Steve Staebler announced that the Beijot open will be held on July 26, 2019, so schedule accordingly.

Monday is the March Board meeting, however, our business meeting will not be held until Fri, March 22.

Presentation by Jennifer Resier, COO Billings Chamber of Commerce

Jennifer spoke today about the Chamber's Healthy Communities Initiative.

Ten chambers were selected to participate in a new ACCE (Assoc. of Chamber of Commerce) professional development program designed to help chambers of commerce lead effective and innovative community health initiatives and demonstrate the leadership roles chambers in smaller communities can play to strengthen quality of life and support equitable prosperity.

This year-long program will take participants through a design thinking lab to help develop and implement a plan to tackle a community health challenge. Each chamber has teamed with a community partner to participate alongside them throughout the program. The Billings Chamber has partnered with Riverstone Health to guide efforts in community health in wellness.

As part of the Healthy Communities Initiative, the Chamber assess community health needs, establishes a community health improvement plan, prepares "state of the workforce reports", and establishes county healthy rankings and roadmaps, all in order to find where health and business intersect. A copy of the 2017 Community Health Needs Assessment for Yellowstone County is attached. The Chamber estimates that for every dollar spent by employers on workforce programs, approximately six dollars is saved.

The ultimate goal is to make work healthier for employees, establish social connectivity, and institute intentional movement in the workplace. In an effort to motivate and inspire, the Chamber and its Partners in Health have put together **Challenge Yourself**; a 6-week Bingo game with 3 community challenges encouraging physical activity and social connectedness. The Challenge started on February 18th, but it is NOT TOO LATE TO SIGN UP! There will be prizes awarded, and for every Bingo your team achieves you will be entered into a drawing for the Grand Prize! There is no cost to participate, and Bingo challenges are easy to build into your workday. Examples include planning a walking meeting, intentionally taking the stairs, parking further away from the office entry, etc. A copy of the bingo card is attached. To sign up, go to:

<https://business.billingschamber.com/events/details/challenge-yourself-bingo-5101393>

For additional resources, go to:

<http://www.healthybydesignnyellowstone.org/>

<http://phi.org/>

<http://centerforwellnessandnutrition.org/worksitewellness>

Lastly, Jennifer spoke about the Chamber Breakfast scheduled for April 4. The Chamber welcomes American Ninja Warrior legend Jessie Graff and broadcaster Akbar Gbajabiamila (former pro career with the Raiders, Chargers, and Dolphins), who will present together, highlighting challenges and pushing beyond what others tell you is possible. Corporate emcee and entertainer, James Cunningham, will emcee the event. James is also the host and associate produce of the TV series *Eat St.*, which airs on Cooking Channel USA, Food Network Canada, and in more than a dozen other countries around the world. The event will be held at MetraPark and runs from 7:00 – 9:00 a.m., with doors opening at 6:00 a.m. Tables of 10 are \$675 and general admission tickets are \$40. Both may be purchased by contacting Jessica Hart at Jessica@billingschamber.com