

Becon 4-22-22

Guests today were our guest speakers, Kayla Brown and Jessie Sherman with Head Start.

Announcements:

- Shrimp Boil, May 7, 530pm at the Legion Club. Wade Austin from the social club reminded everyone to sign up and come out for the Kentucky Derby Celebration social. Food, horse racing games and a lot of fun with club members. Guests are welcome so if you haven't yet signed up, please email Wade at wade.austin@usbank.com
- April is Child Abuse Prevention month. Stacy would like to thank all who helped with the pinwheel event this week. The social at Houligans was a huge success, thanks to Shawnee for putting the baskets together and Tony and Deena for all their hard work. Family Tree Center will be hosting an ACES training Monday from 8am –noon, please contact Stacey if you are interested.
- Thursday April 28 is the Bites of Billings event. The following restaurants will donate 10-20% of the ticket to the Family Tree Center. Fuddruckers, Bin 119, Bull Mountain Grille, Walker's Grill. Well Parred and Big Sky Coffee Roasters.
- Cavin reminds everyone to go on the website and register yourselves for upcoming events, there are 3 at the end of this month and several coming up next month.

Program:

Kayla Brown and Jessie Sherman spoke about their adventures working with 3-5 yr olds at Head Start and the ACES Program they use with their kids and families. ACES stands for Adverse Childhood Experiences and how these experiences affect the development of the brain. Everything from abuse and neglect to depression and addiction serve as super stressors that effect the memories and experiences a child has that ultimately affect the degree of a healthy foundation in life. 60% of adults have experienced at least one adverse experience and 40 % have experienced at least 4 or more events so its pretty easy to calculate see the level of problems these ladies deal with on a daily basis. Their goal is to intervene and assist with issues as early as possible to try to end the cycle of dysfunction from generation to generation.

The good news is it is never too late for hope or for any of us to offer help. Intervention can happen at any age and can be as simple as listening or offering someone compassion with their issues. Every little bit helps! A self-assessment quiz to see where you stand with adverse experiences is available by googling ACES or at NKA.org.

Officer Elections are complete. Congratulations to the following slate of officers for this year:
President Elect: Craig Burke. Secretary: Shannon Johnson. Board of Directors: Rob Romsa, Maria Rivera, Bruce Jensen. Foundation Board: Amber Sunstad. Congratulations to all and Thank You for your service!

Q. How much money does a pirate pay for corn? A. A buccaneer.

Have a Great Weekend!