

B.E.C.O.N .
August 22, 2025

Our guest speaker is **Chyrel Garding, Manager of Business Development at Rimrock Foundation.**

Other guests: Steph's sister and brother-in-law, Dot and Bill.

Announcements:

Bingo Social For the Foundation & the Social Committee is hosting a social hour prior to bingo.

- The Foundation will have a **Cat/Griz Board** available at breakfast—squares are \$20 each, so bring some cash to secure your spot.
- They're also collecting **raffle and silent auction items**. You can bring donations directly to Tanya at breakfast. Even small items are appreciated and can be added to larger baskets. Items for the **Cats or Griz baskets** are especially welcome.

Kordel is organizing a Cornhole tournament in November 14 & 15

Committee Updates:

Pub Crawl November 1st will be a walking tour with some great prizes.

Food Truck Battle:

Parking in the lot North of the event or on the street around. Any extra who can help, there is need at the front gate and the kid's zone. Second shift starts at 3:30. Help is needed at the end of the event. No alcohol to be taken after the event is over. Early shift show up is 11 and if anyone wants to help setup early tomorrow that would be great.

Bill Kennedy – Family Tree carnival gave out 150 back packs and many school supplies.

Second order on shirts for outside events, so if you still want one, let Rene know.

Bingo – still looking for game sponsors.

Rimrock Foundation presentation:

Chyrel grew up in a normal home, with hard-working parents, but she went through some really tough times in her life, including jail and going through recovery. Addiction isn't always something you can see, it's often internal. She started her recovery journey, while incarcerated. She is only one story, of many, who have recovered through the Rimrock Foundation.

She explained that your brain's function is to keep you alive. Humans depend upon relationships. Addiction pulls you away from relationships (family). ASAM – American Society of Addiction Medicine. Addiction is a primary chronic disease like diabetes and cancer. Relapses for hypertension is about 60-70% and it's common to simply just adjust medication. Relapses for addiction is about 30-40%, but it is looked at differently. Society looks at addiction as it's the person's fault.

Drugs and alcohol create extreme levels of dopamine, which is affecting the brain so that it doesn't create dopamine any longer. So, the person just wants more and more of whatever to replace the dopamine necessary to feel happy.

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The Founded was formed in 1968 and currently has 85 inpatient beds and sees about 600 people daily, across a variety of services. They provide a full continuum of care. It's a journey to get you through recovery. Thirty (30) days in treatment is only the start like putting a Band-Aid on a hemorrhaging wound. Besides inpatient services, they also provide ancillary services, which are various support throughout the treatment process. Since 2020 they have served over 12,000. They have over 700,000 service hours and 3,800 were admitted during the last 5 years.

Meth has grown over 800% in the last decade. Child abuse has significantly grown, due to drug use. The TCH level in current marijuana is 200% greater than previous decades. A fatal dose of fentanyl is like the size of a pin head on a penny. Car fentanyl is much less than that, which is 2,000 times greater than regular fentanyl. The DEA only catches about 10% of the drugs coming across the southern border.

Only about 85% of their reimbursement comes from Medicaid. It's just not enough to cover the bills. One night's stay is reimbursed by Medicaid at only \$263, which just isn't enough to cover. They have multiple locations throughout Billings. They need donations and sponsorships for their projects.

The key take-aways: Addiction is a chronic disease of the brain, and more resources are needed to support the recovery.

Q&A:

They treat eating disorders outpatient

49% increase in ER visits due to cannabis