



Child Abuse and Neglect: Prevention Strategies

Child abuse and neglect are serious problems that can have lasting harmful effects on its victims. The goal in preventing child abuse and neglect is clear—to stop this violence from happening in the first place. Safe, stable, nurturing relationships and environments for all children and families can prevent abuse and help all children reach their full potential.

Child abuse and neglect are complex problems rooted in unhealthy relationships and environments. Preventing child abuse and neglect requires a comprehensive approach that influences all levels of the social ecology (including the societal culture), community involvement, relationships among families and neighbors, and individual behaviors. Effective prevention strategies focus on modifying policies, practices, and societal norms to create safe, stable, nurturing relationships and environments.

In 2016, the CDC published Preventing Child Abuse and Neglect: A Technical Package for Policy, Norm, and Programmatic Activities that identifies a number of strategies to help states and communities prioritize prevention activities based on the best available evidence. These strategies range from a focus on individuals, families, and relationships, to broader community and societal change. This range of strategies is needed to better address the interplay between individual-family behavior and broader neighborhood, community, and cultural contexts. Strategies and their corresponding approaches are presented in the table following.

Child Abuse Prevention continued page 2....

Volume 1, Issue 5

In this issue:

Child Abuse Prevention	1
Prevention continued	2
Volunteer Opportunities	2
Big Hair 80's	3
District News	3
CAP Center Corner	4
Committee Happenings	4

April 2018

April Quote: "Volunteering is at the very core of being a human. No one has made it through life without someone else's help."

Heather French Henry

Club
President:

Tony
Parish





The National Convention will be here before you know it! This year, our National Convention is to be held at the Nugget Casino Resort on July 12 - 14 in Reno, NV.

The Keynote Speaker is Amelia Rose Earheart who is the President of the Fly With Amelia Foundation, a non-profit organization that grants flight-training scholarships to young women, aged sixteen to eighteen. The Fly With Amelia Foundation also fosters aviation and aerospace opportunities for people of all ages through aviation-based educational STEM opportunities, in partnership with Wings Over the Rockies Air and Space Museum in Denver, CO.

The One Nation Under God Luncheon Speaker is Major Ed Pulido who is the Sr. VP of the Folds of Honor Foundation a Veteran's charity which provides the spouses and children of the fallen and wounded educational scholarships. Additionally, he is a Founding member of Warriors for Freedom Foundation a leadership institute focused on the mental, physical and wellness support of our wounded veterans and their families.

The National Project Luncheon and Symposium Keynote Speaker is Matthew Sandusky who is the Founder and Executive Director of Peaceful Hearts Foundation, was a victim of childhood sexual abuse from the ages 8-17 at the hands of his adopted father, Jerry Sandusky. Matthew is working to turn his traumatic personal experience into a mechanism to prevent childhood sexual abuse and help other survivors heal.

Besides these speakers who are sure to be great there will be a wide array of seminars, workshops, receptions and lots of fun fellowship with fellow Ex-



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Preventing Child Abuse and Neglect

Strategy	Approach
Strengthen economic supports to families	<ul style="list-style-type: none"> Strengthening household financial security Family-friendly work policies
Change social norms to support parents and positive parenting	<ul style="list-style-type: none"> Public engagement and education campaigns Legislative approaches to reduce corporal punishment
Provide quality care and education early in life	<ul style="list-style-type: none"> Preschool enrichment with family engagement Improved quality of child care through licensing and accreditation
Enhance parenting skills to promote healthy child development	<ul style="list-style-type: none"> Early childhood home visitation Parenting skill and family relationship approaches
Intervene to lessen harms and prevent future risk	<ul style="list-style-type: none"> Enhanced primary care Behavioral parent training programs Treatment to lessen harms of abuse and neglect exposure Treatment to prevent problem behavior and later involvement in violence

Source: <https://www.cdc.gov/violenceprevention/childmaltreatment/prevention.html>

April Volunteer Opportunities:

1st—Riverdance

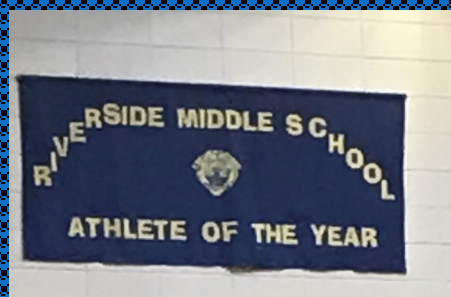
7th—Big Air Bash

17th—QOL Casino Night

20th - 22nd—PBR



Could it be our fabulous Rod Ostermiller was a Rock Star Athlete back in the day?! I think so!!



THE BREAKFAST EXCHANGE CLUB OF BILLINGS, MT

PO Box 2224
Billings, MT 59103

www.breakfastexchangeclub.org
Check us out on Facebook!

Exchange, America's Service Club, is a group of men and women working together to make our communities better places to live through programs of service in Americanism, Community Service, Youth Activities, and its national project, the Prevention of Child Abuse.

Yellowstone District News:

Mark your calendars now. The Yellowstone District Convention is scheduled for June 1 & 2 and will be held at the Northern Hotel in downtown Billings.

The Bozeman Club has begun some service work in the community. I spotted them providing water at the 5 mile water station for the Run to the Pub half marathon in Bozeman.

April 5th will be the launch meeting for the West end after hours Exchange Club. 5:00 p.m. at Hilton Garden Inn. If you know anyone interested in Exchange and would prefer an evening meeting, invite them to attend.

Some possible other new traditional clubs in the works: Dillon and Sheridan, WY.

New Excel Clubs is in the works for Idaho Falls, ID, Billings Senior High (sponsored by Downtown Club), and at the Boy's and Girl's Club (sponsored by Heights Club). Great Falls recently got an Excel Club up and running with 30 students/charter members.

Calling all Event Planners! District Convention Planning is happening! The first planning meeting took place in December, but you can still jump in! See Leif if interested!!



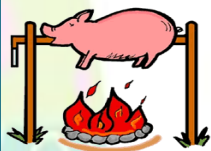
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80's

Big hair courtesy of Aqua Net and bright neon accessories—who could forget it?! The 80's also marked some notable memories for our club membership forging the way at the time.

- ♦ **September 1980**—National Exchange suggested all clubs sell light bulbs for the prevention of child abuse. BEC respectfully declined. I can't imagine why the club wasn't on board to sell light bulbs?
- ♦ **February 1981**—a committee was formed to put together an annual golf tournament.
- ♦ **July 1983**—the first tournament was held at Lake Hills Golf Course. After a few years of putting up with everyone coming to their house for a BBQ afterwards (Janette doing most of the work), the golf tournament became the Bejot Invitational Golf Tournament. Bill Vanderloos was the proud winner the first two years.
- ♦ **October 1983**—the BEC Board began waiving the dues for President, President Elect, Treasurer, and Secretary.
- ♦ **January 1984**—member Jim Niemantsverdriest resigned. No one could pronounce his name—is that why he resigned?
- ♦ **October 1984**—professional boxing came to the Metra with Marvin Camel of Roman, MT vs. Leroy Murphy of Chicago and 5,145 beers were sold at the event.
- ♦ **July 1985**—BEC members enjoyed a camp out and pig roast at Cooney. Sounds like something we need to do again!
- ♦ **July 1985**—BEC tried to put together a golf course. "Golf Along the Yellowstone". Sounds like a good story we need to spotlight in next month's newsletter....
- ♦ **October 1985**—BEC puts together an all Exchange western dance at the 4H Building on the fairgrounds. (Another event that sounds like fun and worth repeating.)
- ♦ **August 1986**—BEC paid \$2,000 for a chalet at the air show. Hamburgers, hot dogs, and beer were sold.
- ♦ **July 1988**—BEC got into the promotion business. You'll have to wait a few months to learn more on that :)
- ♦ **September 1989**—Montana Centennial Cattle Drive needed beer servers and guess who got the contract? Another story for a later newsletter....



Members of the newly forming Bozeman Exchange Club manning the water station at the five mile mark of the Run to the Pub Half Marathon on March 17th.

Organizations who volunteered to man a water station received a \$100 donation from the run proceeds/donations as well as got the name of their organization out to approximately 4,300 people.



**THE BREAKFAST
EXCHANGE CLUB OF
BILLINGS, MT**

PO Box 2224
Billings, MT 59103

www.breakfastexchangeclub.org
Check us out on Facebook!

**Come weekly at 7:00 a.m. on
Friday
in the Yellowstone Room to get
to know your fellow Exchangers!**

*Exchange, America's Service
Club, is a group of men and
women working together to
make our communities better
places to live through
programs of service in
Americanism, Community
Service, Youth Activities,
and its national project, the
Prevention of Child Abuse.*

Looking for something to do and
support community organizations
at the same time?

Mondays—Community Monday @
Hooligans

4/22—Purple 5k (raises funds for
Spare Change for Real Change)

4/29—Run for Love (raises funds
for families with a child battling
cancer)

4/29—Bowling for Bears (raises



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CAP Center Corner

Participating in April's Child Abuse Prevention activities is not only a great way to get yourself involved, but to also garner participation from your co-workers, friends and family!

On April 5th come on over to the Yellowstone County Courthouse (217 North 27th Street) lawn and help with the pinwheel planting. Short presentation begins at noon with the pinwheel planting right afterwards. Easily fits into your lunch hour!

Every Monday in April wear blue and encourage your friends, family, and co-workers to also wear blue! Get a group of wearing blue together for a photo and send it in to Stacy (stacyd@familytreecenterbillings.org) at the Family Tree Center for their Facebook page.

Have access to some green space that gets some traffic? Consider purchasing pinwheels to plant your own Pinwheel Garden!

Pinwheels are \$1 each plus shipping. Contact Stacy at 252-9799 to purchase pinwheels.

Be sure and attend the breakfast meeting on April 13th. Immediately following the meeting we will be heading up to Metra to plant a Pinwheel Garden and take a club group photo! Wear your blue t-shirts that day if you have one. If you don't have the blue t-shirt, wear blue.

Wear your blue Child Abuse Prevention t-shirts to all the Metra events that you are scheduled to volunteer at in April!



Committee Happenings:

Food Truck Wars Committee—Next meeting Tuesday, April 10th at 5:30 p.m. @ American Legion
House Committee is planning a shindig to celebrate the 40th year of our partnership with Metra to sell beer! Friday, May 18th from 4:00 p.m.—7:00 p.m.

Golf/Hole in One Committee—meetings have commenced. See Tony if interested helping to plan the Hole in One Golf Tournament.

Social Committee—Cornhole coming your way in May. Stay tuned.....

Membership Committee—planning a spring orientation. New members and their Sponsors should plan to attend.

GET INVOLVED!!

**** Committee Chairs**—Please email your upcoming events to dinaharmon1212@gmail.com to be included in next months newsletter!**