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Who doesn't love the 4th of July?! It's one of my favorites! Ok, who are we kidding, I LOVE every Holiday and not because I'm a government employee and get every holiday off, but I love the holiday itself. The decorating of my home and office at least a few weeks prior, coming up with fun treats specific to the holiday, planning the meal or coming up with our contribution if attending a potluck style get together and best of all, spending that day with people you enjoy. While most associate the 4th of July with parades, BBQ's fireworks and other fun festivities, here are some other fun things about the 4th of July.

- Congress made Independence Day an official unpaid holiday for federal employees in 1870. In 1938, Congress changed Independence Day to a paid federal holiday.
- Only John Hancock actually signed the Declaration of Independence on July 4, 1776. All others signed later.
- The Declaration of Independence was signed by 56 men from 13 colonies.
- The average age of the Signers of the Declaration of Independence was 45. The youngest was Edward Rutledge (26) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was
- One out of eight signers of the Declaration of Independence was educated in Harvard for a total of seven.
- The only two signers of the Declaration of Independence who later served as President of the United States were John Adams and Thomas Jefferson.
- The stars on the original American flag were in a circle so all the Colonies would appear equal.
- The first Independence Day celebration took place in Philadelphia on July 8, 1776. This was also the day that the Declaration of Independence was first read in public after people were summoned by the ringing of the Liberty Bell.
- The White House held its first 4th of July party in 1801.

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Committee Happenings

President John Adams, Thomas Jefferson and James Monroe all died on the Fourth. Adams and Jefferson (both signers of the Declaration) died on the same day within hours of each other in 1826. Independence Day continued on page 2.....

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In this issue:	July Quote: "Never worry about numbers.
Independence Day/4th of July 1	Help one person at a time, and always start with
Independence Day continued 2	the person nearest you." -Mother Teresa
Exchangites Out & About 2	

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Centennial 3 Club District News Volunteer Opportunities President: **CAP Center Corner** Cory



July 2018



The National Convention will be here before you know it! This year, our National Convention is to be held at the Nugget Casino Resort on July 12 - 14 in Reno, NV.

The Keynote Speaker is Amelia Rose Earheart who is the President of the Fly With Amelia Foundation, a non-profit organization that grants flight-training scholarships to young women, aged sixteen to eighteen. The Fly With Amelia Foundation also fosters aviation and aerospace opportunities for people of all ages through aviation-based educational STEM opportunities, in partnership with Wings Over the Rockies Air and Space Museum in Denver. CO.

The One Nation Under God Luncheon Speaker is Major Ed Pulido who is the Sr. VP of the Folds of Honor Foundation a Veteran's charity which provides the spouses and children of the fallen and wounded educational scholarships. Additionally, he is a Founding member of Warriors for Freedom Foundation a leadership institute focused on the mental, physical and wellness support of our wounded veterans and their families.

The National Project Luncheon and Symposium Keynote Speaker is Matthew Sandusky who is the Founder and Executive Director of Peaceful Hearts Foundation, was a victim of childhood sexual abuse from the ages 8-17 at the hands of his adopted father, Jerry Sandusky. Matthew is working to turn his traumatic personal experience into a mechanism to prevent childhood sexual abuse and help other survivors heal.

Besides these speakers who are sure to be great there will be a wide array of seminars, workshops, receptions and lots of fun fellowship with fellow Exchangites from across the country.



Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies.

And for the really fun facts.

Barbeque as you know is big on Independence Day. Americans will spend more than \$7 billion on cookouts and other celebrations on the 4th of July, up from \$6.8 billion in 2016, according to a report by the National Retail Federation.

- Approximately, 150 million hot dogs and 700 million pounds of chicken are consumed on this day. Americans will fire up the grill, spending \$388 million on hamburger patties, \$389 million on barbecue chicken, \$133 million on buns and \$37 million just on ketchup not to mention other provisions on Independence Day.
- ♦ Thirsty? The Fourth of July is the country's top beer-drinking holiday with more than \$1 billion spent on cold brews last year alone more than the cost of burgers and hot dogs combined. (Another \$568 million was spent on wine.)
- Of course, no Fourth of July party is complete without fireworks. Altogether Americans spent more than \$800 million on fireworks in 2016, with many municipalities shelling out \$5,000 to \$30,000 to host their own display.
- Naturally, flags are a top seller on this holiday with more than \$5 million worth of U.S. flags imported into the country, mostly from China.
- ♦ An estimated 44.2 million Americans will travel 50 miles or more from home.

Sources: www.cnbc.com and www.acei1.com

Exchangites at Play!!







Exchangites at Work!!









We understand Hayden! We all get the same look on our face when Cory Moore talks to us!!

Yellowstone District News:

If you missed the Yellowstone District Convention in June, you missed a fun and an educational time. There were many great presentations on programs and services that help Veterans, Children, and the Community.



There was a lot of fun had with Extreme Bingo, a brewery tour and hospitality room!



The YOY and ACE awrds winners were announced.



Reagan Linde, YOY

New leadership was also welcomed in for FY 18-19 Leif Welhaven, Past Presi-Les Grigg, President; Ken Gomer, President-

Elect; Lisa Mee, Treasurer; **Betsy Foster, Secretary;** Tony Parish, Division 2 **District Director**



The Great Montana Centennial Cattle Drive

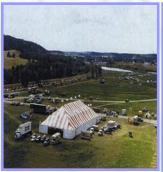
The Breakfast Exchange Club won the contract to sell beer for the cattle drive that went from Roundup to Billings and took place September 4 - 9, 1989. Sounds like an honor to be chosen for such an event! The Latigo Corporation, a non-profit organization, was formed by Billings Cartoonist Stan Lynde to make this event happen. Latigo Corporation's profits were paid to the Rural Development Fund of the Montana Community Foundation.

For the first few nights of the event, members served beer for concerts in a large tent at the fairgrounds in Roundup. For the remainder of the Cattle Drive, members set up beer gardens where the crew stopped for the night.

The club purchased 61,296 cans of Bud and Busch Light beer at \$.45 per can. Beer tickets sold for \$1.25 each. A few beers were given away to the V.I.P. tent, the drovers, ranglers, Latigo personal and a few others to the tune of 5,976 cans.

Bottom line was 54,219 cans of beer were sold and the net profit was \$39,286. After all the expenses were paid, we kept 10% of the net profit.

For those that were there, a great time was had. For you members who were there, do you still have your Budweiser or Busch suspenders? Mike still has his. (I think he needs to wear them to breakfast one Friday!)













July Volunteer Opportunities:

July 14th—Montana Brews & BBO







THE BREAKFAST EXCHANGE CLUB OF BILLINGS, MT

PO Box 2224 Billings, MT 59103

www.breakfastexchangeclub.org

Exchange, America's Service
Club, is a group of men and
women working together to
make our communities better
places to live through programs
of service in Americanism,
Community Service, Youth
Activities, and its national
project, the Prevention of Child
Abuse.

Come weekly at 7:00 a.m. on Friday to the Yellowstone Room and get to know your fellow Exchangites!

Looking for something to do and support community organizations at the same time?

Mondays—Community Monday @ Hooligans (each week benefits different organization)

Tuesdays—Pint night at Last Chance Cider House (each week benefits different organization)

Tuesdays—Bingo Night at 406 Kitchen & Taproom (each week benefits different organization)



CAP Center Corner

If you didn't come out and participate in the Island X Adventure Run, you missed a fun time!



Team Breakfast Exchange Scrambled Legs won the largest team category with 12 team members! (A few didn't make it in time for team photos.)



Starting line!







PRIZES!!

There were 118 runners who finished this year; 79 runners finished last year (2017).



Stephanie found one of the hidden idols along the run course!!



<u>Bejot Golf Tournament</u>—Sign up sheet is going around breakfasts to sign up. Tournament is Friday, July 20th at Prior Creek Golf Course. No breakfast that morning.

<u>Patriotism Committee</u>—Working on Salute to Service Day at the Fair which will be August 17th. Watch for more to come!

GET INVOLVED!!

** Committee Chairs—Please email your upcoming events to dinaharmon1212@gmail.com to be included in next months newsletter! **

