

What is Got Your 6?

Got Your 6 unites nonprofits, Hollywood, and government partners to empower veterans. They believe that veterans are leaders, team builders, and problem solvers who have the unique potential to strengthen communities across the country.

As a coalition, Got Your 6 works to integrate these perspectives into popular culture, engage veterans and civilians together to foster understanding, and empower veterans to lead in their communities.

Got Your 6 knows that most veterans leave the military seeking new challenges, and the campaign ensures that there are opportunities for them to continue their service.

WHAT DOES "GOT YOUR 6" MEAN?

In the military, "Got your six" means "I've got your back." The saying originated with World War I fighter pilots referencing a pilot's rear as the six o'clock position. It is now a ubiquitous term in the military that highlights the loyalty and cooperation found in military culture. The Got Your 6 campaign chose this term, because it is emblematic of the many skills that veterans bring back into their communities when they return home.

WHY IT MATTERS

For the past decade, our country has framed "veteran reintegration" as a major societal problem or struggle. On the contrary, Got Your 6 believes that it is crucial for Americans to see veteran reintegration as an opportunity, because veterans are uniquely suited to solve some of our nation's most difficult challenges.

The average American has little first-hand connection to the military and often believes that, in general, veterans are much more likely than civilians to experience unemployment, substance abuse, homelessness, and various other issues. These notions are largely misconceptions. They paint a picture of veterans as "broken." As a result, veterans often say they feel more pity than respect from the civilian population.

When veterans fail to successfully reintegrate, it is often because their communities do not expect them to succeed or excel. Got Your 6 believes that if the country does not call upon returning veterans, then we will miss out on a generation of leaders.

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December Quote: "Greatness is not found in possessions, power, position, or prestige. It is discovered in goodness, humility, service, & character." – WA Ward

Club
 President:

 Cory
 Hasiak



December Volunteer Opportunities:

December 15th—

Season's Beatings

December 22nd—Chase

Hawks Rodeo



Future Volunteer Opportunities:

January 27th—Jeff Dunham

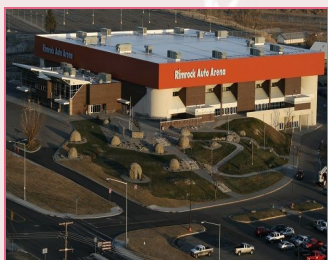
January 29th—Bob Seger

February 16th—Monster Trucks

March 23rd—Styx & Larry the Cable Guy

April 12th—14th—PBR

August 25th—Weird Al Yankovic



2018 BEST CLUB BULLETIN

Exchange Club
75 or more members



EXCHANGE

BREAKFAST EXCHANGE CLUB OF BILLINGS, MT

Each year, around a quarter-million service members exit the military and re-enter civilian life. It is essential that Americans see the potential for veterans to strengthen our communities. Got Your 6 works to ensure that veterans return home to be seen as leaders and civic assets.

WHO ARE WE REACHING

Got Your 6 is a campaign for all Americans—because the country should benefit from the leadership and skills that veterans carry with them after leaving the military. For civilians, Got Your 6 helps to dispel misconceptions and myths about who veterans are and what they have to offer. For veterans, Got Your 6 ensures that they are empowered to lead by uniting the nations' best veteran empowerment organizations.

VETERAN COLLABORATORIES

Got Your 6 uses the principles of collective impact to facilitate collaboration between aligned organizations in the veteran community. As the campaign approaches its fourth anniversary—and after demonstrating measurable success—it is eager to evolve and advance its system of organizing and action for veteran-focused nonprofits.

In early 2015, Got Your 6 piloted its veteran collaboratory project in order to enhance progress, growth, impact, and influence of its partners, and the veteran empowerment movement as a whole.

Derived from the words “collaboration” and “laboratory,” the term “collaboratory” is borrowed from the scientific research community. It refers to a networked system with social processes; collaboration techniques; formal and informal communication; and agreement on norms, values, and rules (adapted from Cogburn, 2003).

Got Your 6 held its second collaboratory in 2016, which gathered about 35 major stakeholders in the veteran empowerment movement. Future gatherings will include additional stakeholders from the private sector, foundations, and government.

Collaboratories will focus primarily on the needs of participating parties. Through professional facilitation, participants will engage in human-centered design processes, social credit exercises, joint project development, and other activities to drive collaborative efforts.

TAKE ACTION

What can you do?

- ⇒ Start a conversation with a Veteran
- ⇒ Mentor a military child/student
- ⇒ Join an affinity group at work
- ⇒ Volunteer
- ⇒ Hire a Veteran
- ⇒ Talk to your Alma Mater
- ⇒ Participate in National Days of Service

www.gotyour6.org

Committee Happenings:

Social Committee—

BEC Holiday Party to be held on Saturday, January 12th.

BECON Committee—

Your December BECON Editor is Dave Weller.

Program Committee—

Central High Youth of Year nominees will speak in December.

House Committee—Committee members are putting together an awesome end of the year breakfast you won't want to miss!

Senior Lights Tour Committee—

Tour of Holiday Lights to take place December 18th.

Dress a Child Committee—

Dress a Child shopping event is December 1st with breakfast right after. Sign up with Ronda.

Freedom Shrine Committee—

McKinley School and the Yellowstone Room to have rededicated Freedom Shrines.

Community Outreach Committee—volunteers needed for Toys for Tots event at the Metra December 11th—15th.

Food Truck Battle Committee—

The Committee is diligently back at work on the next food truck battle which will be Saturday, June 15th.

GET INVOLVED!!

**** Committee Chairs—Please email your upcoming events to dinahar-mon1212@gmail.com to be included in next months newsletter.****



EXCHANGE

BREAKFAST EXCHANGE CLUB OF BILLINGS, MT

Holiday Festivities.....Parade float decorating and tree decorating.



I'm not actually sure what illegal activity was happening here?!



The worker bees getting after it!



Test run of the lights!



Wiley trying to electrocute himself.....



Turned out beautiful!



The rebels!



The amazing Festival of Trees tree made possible by many fabulous members of the club!!



BEC's tree auctioned for \$1,700

**THE BREAKFAST
EXCHANGE CLUB OF
BILLINGS, MT**

**PO Box 2224
Billings, MT 59103**

www.breakfastexchangeclub.org

Exchange, America's Service Club, is a group of men and women working together to make our communities better places to live through programs of service in Americanism, Community Service, Youth Activities, and its national project, the Prevention of Child Abuse.

Looking for something to do and support community organizations at the same time?

**December 1—Santa Shuffle
(supporting Salvation Army)**

December 1—Polar Plunge

December 7—Community Christmas Tree Lighting @ Community Park

December 7—Christmas Stroll & ArtWalk

December 21st—Chase Hawks Cowboy Gathering Fundraiser

Mondays—Community Monday @ Hooligans (each week benefits different organization)

Tuesdays—Pint night at Last Chance Cider House (each week benefits different organization)

Tuesdays—Bingo Night at 406 Kitchen & Taproom (each week benefits different organization)



**Come weekly at 7:00 a.m. on
Friday
to the Yellowstone Room and
get to know your fellow
Exchangites!**



EXCHANGE
BREAKFAST EXCHANGE CLUB OF BILLINGS, MT

CAP Center Corner

#ITS TIME TO LEARN THE SIGNS

PHYSICAL ABUSE INDICATORS

UNEXPLAINED BRUISES AND WELTS:

- * On face, lips, mouth
- * On torso, back, buttocks, thighs
- * In various stages of healing
- * Cluster, forming regular patterns
- * Reflecting shape of article used to inflict (electric cord, belt buckle)
- * On several different surface areas
- * Regularly appear after absence, weekend or vacation

UNEXPLAINED BURNS:

- * Cigar, cigarette burns, especially on soles, palms, back or buttocks
- * Immersion burns (sock-like, glove-like doughnut shaped on buttocks or genitalia)
- * Patterned like electric burner, iron, etc.
- * Rope burns on arms, legs, neck or torso

UNEXPLAINED LACERATIONS & ABRASIONS:

- * To mouth, lips, gums, eyes
- * To limbs and buttocks
- * To external genitalia

BEHAVIORIAL INDICATORS OF PHYSICAL ABUSE

- * Wary of adult contact
- * Apprehensive when other children cry

BEHAVIORIAL EXTREMES:

- * Aggressiveness
- * Withdrawal
- * Frightened of parents
- * Afraid to go home
- * Reports injury by parents

EMOTIONAL ABUSE INDICATORS

- * Habit disorders (sucking, biting, rocking, etc.)
- * Conduct disorders (antisocial, destructive, etc.)
- * Neurotic traits (sleep disorders, speech disorders, inhibition of play)

Behavioral Indicators of Emotional Abuse

OVERLY ADOPTIVE BEHAVIOR:

- * Inappropriately adult behavior
- * Inappropriately infant behavior

BEHAVIORIAL EXTREMES:

- * Compliant, passive
- * Aggressive, demanding

CHILD NEGLECT INDICATORS

- * Consistent hunger, poor hygiene, inappropriate dress
- * Consistent lack of supervision, especially in dangerous activities or long periods
- * Constant fatigue or listlessness
- * Unattended physical problems or medical needs
- * Abandonment

Behavioral Indicators of Neglect

- * Begging, stealing food
- * Extended stays at school (early arrival and late departure)
- * Constantly falling asleep in class
- * Alcohol or drug abuse
- * Delinquency (e.g. thefts)
- * States there is no caregiver

Sources: American Society for the Positive Care of Children